**Home Science 2010 Question Paper For CBSE Class X Exams**

**Time: 3 Hours**   **Marks:75**

1. List four important motor activities a two year old child can do. (2 Marks)
2. Give one example to show that children develop at their own pace. (2 Marks)
3. Point out four things people do in homes which lead to wasting of water. (2 Marks)
4. List four important characteristics of play material for a two year old child. (2 Marks)
5. Name the disease caused due to deficiency of iron and suggest two foods rich in iron. (2 Marks)
6. Give four reasons to include fat rich food items in our daily diet.(2 Marks)
7. Give one example to justify that occupation of family members affects planning of meals.(2 Marks)
8. Mention two important points each, we must keep in mind while storing green leafy vegetables and paneer.(2 Marks)
9. Present two care marks found on the label of a polyester shirt, what do these stand for?(2 Marks)
10. How will you remove curry and tea stains from your table cloth? (2 Marks)
11. Why and when do we use gum during laundering of our clothes? (2 Marks)
12. Mention two characteristics of wool which will guide you to choose the method of washing it.(2 Marks)
13. When and why would you use the friction method of washing clothes?(2 Marks)
14. List four steps of pre-preparation of clothes that should be attended to before starting washing of clothes(2 Marks)
15. Write three things parents must do in order to make their children feel secure. Also say how these actions help? (3 Marks)
16. Explain using an example how a child expresses his emotion of fear? (3 Marks)
17. A Mother wants to invest her saving so that she can meet expenses of her daughter’s higher education. Suggest two schemes of investment and write two benefits of each scheme. (3 Marks)
18. With the help of examples differentiate between and indirect Income.(3 Marks)
19. Mention three malpractices a grocery shopkeeper adopts top cheat consumers.(3 Marks)
20. With the help of examples explain how leaflets can mislead consumers.(3 Marks)
21. While purchasing a frock for a two year old girl, which six points will you cheek to ensure good workmanship? (3 Marks)
22. "Play influences mental development of a child.” Elaborate with the help of examples. (3 Marks)
23. Suggest three ways to enhance nutritive value of foods. Name one dish each prepared by using these methods.(3 Marks)
24. Mention four advantages for a two year old child when he /she recite rhymes individually or in group.(4 Marks)
25. How many calories are required by an adolescent boy? Plan lunch for his highlighting the nutrients he is going to obtain from it.(4 Marks)
26. Suggest eight points of cleanliness in kitchen a food handler should keep in mind(4 Marks)
27. List two non –human resources along with two characteristic of these resources. Suggest two ways to use each of these wisely.(4 Marks)
28. Write the steps of washing and finishing a colored cotton shirt. (4 Marks)